

30 October 2022

Dear Parent/ Carer,

My team and I are delighted to deliver a broad PE curriculum offering different sporting activities, including cross country. Cross country has a number of benefits, both physical and mental and we would like to give our students an opportunity to get involved. This will take place next week (week commencing 14 November) as part of their second P.E lesson.

Students will need to bring their standard P.E. kit and a carrier bag to put any kit that will get muddy from the run in to. We are encouraging students to bring their black jersey tops and their football boots as the field will be muddy and this would be a safer and better option for your child to run in.

Following this cross country lesson your child may be selected to represent the Academy at Stockton District Schools Cross Country Championship at a later date.

Yours faithfully,

Lorna Youngman
(Head of P.E)