

6th September 2021

Dear Parent/Carer,

It has been my pleasure, along with my colleagues in the Physical Education department, to welcome our students back to the academy this week.

My team and I are delighted to deliver a broad and challenging PE curriculum, which extends beyond the school day into enrichment activities.

Regular physical activity is so important to all of our students, for physical health and for mental health and wellbeing. It is essential, therefore, that our students are prepared for all of their PE lessons to ensure they get the most out of each lesson.

Students should wear the correct PE uniform in every lesson:

- purple polo top
- plain black shorts
- plain black socks
- a pair of trainers
- optional Outwood tracksuit trousers and Outwood leggings are available to purchase on the Trutex website (no other bottoms or leggings are allowed)
- optional black rugby style top for cooler weather.

We include a wide range of sports within our curriculum, including outside on the field, for which we strongly advise that students have football boots and shin pads. Students will be informed in advance when they need to bring these as part of their kit.

If your child is unwell and needs to be temporarily excused from a PE lesson, please ensure you have written a note in their planner. Students not participating in a PE lesson due to illness will still need to bring their full PE kit and change for the lesson so they can participate in a coaching or scoring role, and ensure their school uniform is clean and dry for the remainder of the day.

Thank you in advance for your support. I look forward to celebrating your child's progress and achievements in Physical Education in the year ahead.

Yours faithfully,

Miss L Connor

Head of Physical Education